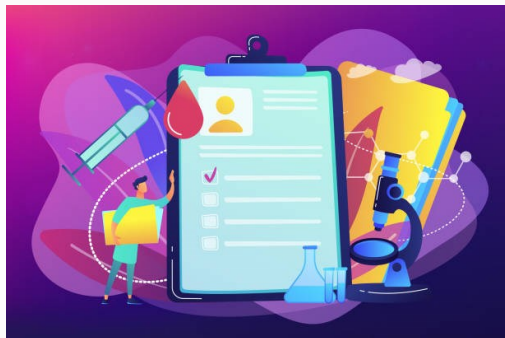


Registration & Management

Introduction

MyHealth manages the HIV programmes of NMC, BANKMED and PSEMAS medical funds.



Visit Myhealth website for more information

www.mhnamibia.com



Caring hearts

Guide to Healthcare Providers



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Registration & Clinical Management of Members

Registration process

- ⇒ PEP, PrEP and ART on going forms should be completed. Test required are stipulated on each forms
- ⇒ Dr complete Myhealth online registration forms as treatment option and member to sign the form as a consent
- ⇒ Perform all the baseline pathology tests
- ⇒ The completed form with all relevant results and prescription must be sent to Myhealth office

RECOMMENDED ARVs

NB: Follow the ART National guideline.

Regimen arrangement is based on case-to-case model.

NB: Dolutegravir based regimen would not be authorized during the 1st trimester.

Children must weigh at least 35kg to qualify for TLD regimen.



Requirements for switching to recommended first line

- ⇒ Latest blood results (Viral load, fasting glucose creatinine)
- ⇒ Current prescription
- ⇒ Renal impairment should be ruled out before switching to TDF based regiment.
- ⇒ Weight (Children)

NB; Only members who are adhering to the RX will be changed, however non-adherent member will be referred for counseling prior switching. However case to case basis considered

Pep requirements

- ⇒ Rapid HIV test should be done
- ⇒ Online PEP form to be completed (Myhealth website)
- ⇒ Medication must be dispensed within 48- 72 hours.
- ⇒ Repeat HIV Rapid test after 3months
- ⇒ IDr give clear information to member about PEP including medications.

PrEP requirements

- ⇒ HIIV Eliza creatinine & HBsAG) baseline tests
- ⇒ Online PrEP forms to be completed by Dr
- ⇒ The recommended blood test must be repeated after 3months and there after every 6months.

NB: ONLY TDF+ 3TC as preferred and recommended drugs for Prep

Resistance test authorization requirements

- ⇒ Request from the Dr with viral load and CD4 blood results
- ⇒ Adherence profile will be assessed and decisions would be done accordingly
- ⇒ Special considerations would be given to: children, pregnant women & breastfeeding mothers.
- ⇒ Resistance test recommended once in 24 months . However case-to-case model applies.
- ⇒ Dolutegravir based regimen resistance need Myhealth Medical Advisor's pre-approval

Requirement for restarting of treatment

- ⇒ Lost to follow up for at least 6months or more
- ⇒ Perform all baseline blood tests.
- ⇒ Restart the member on the previous regimen or on the recommended RX According to the guideline.
- ⇒ The results required

